

Rec League F.A.Q.

What equipment does my player need?

- Players should have a water bottle for training and for matches
- Players are not required to have cleats, but if they do, do not get softball or baseball cleats that are square on the bottom, and do not get screw-in metal cleats.
- Players MUST have shin guards. The shin guards should go on first, and then the long socks should cover the shin guards. Players are not allowed to scrimmage at training if they do not wear shin guards.
- A ball is not required, but it is helpful. U6 uses a size 3 ball. U8 and u10 use a size 4 ball. U12 and up use a size 5 ball.

When and where are tryouts?

- For each year, there is one tryout date in the fall. Rec teams will stay together in the spring.
- For 2004 the tryouts will be held at Dan Daniels park.
- U6 & u8 do not have to tryout
- The dates will be 9/7, 9/8 and 9/9
- U10 and u12 players will come from 5-6 and u14 and up will come from 6:15-7:15

Why are there tryouts?

- We would like for the competition to be fair
- It lets the kids meet new people and learn from different coaches.

Does my player have to go to tryouts if all the coaches know her?

- Players should attend at least one tryout session.
- If a player does not attend, at the draft, that player's name will be on a card and turned face down on a table to be chosen at random.

When is the player draft, and how does it work?

- Most often it is the Saturday after the week of tryouts
- U6 & u8 coaches look at player requests and make attempts to balance the teams in regards to age & gender
- All other coaches draw a number to determine the order of draft picks.
- DRAFT PROCEDURES

Can my player play up an age group?

- Players wishing to play up must attend two nights of tryouts.
- The first night should be the age appropriate group, and the player must be evaluated in the highest bracket of that age group.
- The second night would be in the next age group up. The player must rate in the top two brackets of that age group to be able to play up.

How much does it cost?

- \$35

What should my u10 player be able to do?

- Go to the player development curriculum.