

# Under 6 SOCCER

## 4 v 4

WELCOME TO DANVILLE SOCCER  
LEAGUE'S U6 SOCCER!  
THE MOST EXCITING GAME IN TOWN!

### Introduction

Throughout the soccer world it is common knowledge that in the United States we play too much eleven-a-side soccer at too early an age and therefore miss out on maximum contact time with the ball. Small sided games have a universal appeal as each player is totally involved in the game and develops skills at an accelerated pace. The U5 and U6 Mini Kickers program encourages movement through soccer related children's games with a catchy name or theme (e.g. Ghostbusters, Freeway). A young player's soccer experience should be a positive and fun one. Competitive pressures should be discouraged and players should be focused on the "everyone wins" theory.

During Mini Kickers soccer, children will be taught the basics of kicking, passing, trapping, and shooting. More importantly, they will have fun and develop a love for the game. Parents of the players serve as head coach for the team and as assistant coaches.

### Training Program

Mini Kickers play once a week. The team will first conduct a group warm-up (10-15 minutes). Then a short practice session (20-30 minutes), followed with games (four 8 minute quarters). The seasons include ten (10) weeks of scheduled games. Don't miss out!

### Play Schedule

Playing times are 10 AM on Saturdays. Fall season begins in August and continues through early November. Spring season play begins in March and continues through early May.

### Suggested Books and Videos

*(Available at the Gamewood office at 1012 Main St)*

#### Videos

- *Soccer Rules: A guide to the laws of the game*

#### Books

- *So Now You are a Goalkeeper*  
By Machnik and Hoek
- *Coaching Youth Soccer*  
By N. Ingels
- *The Arco Book of Soccer Techniques and Tactics*  
By R. Widdows
- *The Official Soccer Book of the U.S.S.F.*  
By W. Chyzowych
- *Good 'N Fun Soccer Stuff*  
By M. Catlin
- *Understanding Soccer*  
By M. Catlin
- *Understanding Soccer*  
By K. Niltac
- *The Soccer Book*  
By Kowet
- *Soccer Practice Games*  
By Joe Luxbacher

Lots of great websites at  
[www.danvillesoccer.com](http://www.danvillesoccer.com) under Links!!

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# DANVILLE SOCCER CLUB Youth Soccer

## 4 v 4

### Program for Under Six



DANVILLE SOCCER CLUB  
P.O. Box 2549  
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Web Site: [www.danvillesoccer.com](http://www.danvillesoccer.com)

With

DANVILLE PARKS AND  
RECREATION  
125 Floyd St.  
Danville, VA 24541  
(434) 799-5200

**Danville Soccer Club**  
**4 v 4 Official Laws**  
**Under 6**

**Law I - The Field:**

- A. Dimensions: The field of play shall be rectangular, its length not more than 30 yards nor less than 20 yards and its width not more than 20 yards nor less than 15 yards. The length in all cases shall exceed the width.
- B. Coaches will set up two fields with a 5-yard zone in between for coaches and subs ONLY.

**DANVILLE SOCCER RECOMMENDATION:**  
**Length: 30 yards      Width: 20 yards**

- C. Markings: Use cones to mark the corners and touch lines.
- D. Goals: Goals will be marked with flags and will be 3 yards wide.

**Law II - The Ball:** Size three (3).

**Law III – Number of Players:**

- A. Maximum number of players on the field at any one time: four (4).
- B. Maximum number of players on a team should not exceed: twelve (12).
- C. Substitutions: 1. On injuries 2. On the fly
- D. Teams and games are all co-ed.
- E. There will be no goalkeeper.

**Law IV – Players’ Equipment:**

Conform to FIFA with the following exceptions:

- A. Footwear. Tennis shoes or soft-cleated soccer shoes.
- B. Shin Guards: MANDATORY.

**Law V - Referee / Linesmen:**

- A. Parent/coach or assistant.
- B. All rule infractions shall be briefly explained to the offending player.

**Setting Up the Field**

Coaches should meet at the field 30 minutes prior to their scheduled game time. Fields are not lined but should be walked and marked using cones. Coaches should also discuss and organize each session prior to the children arriving to reduce confusion, i.e. warm-up, practices,

**Law VI - Duration of the Game:**

- A. The game shall be divided into four (4) equal eight (8) minute quarters.
- B. There shall be a halftime break of 5-10 minutes.

**Law VII – Start of Play:**

- A. One player from each team faces the ball. When the referee says “draw” the players try to pull the ball back to their own team to start the game.

**Law VIII - Ball In and Out of Play:**

Conform to FIFA.

**Law IX - Method of Scoring:**

Conform to FIFA.

**Law X - Offsides:**

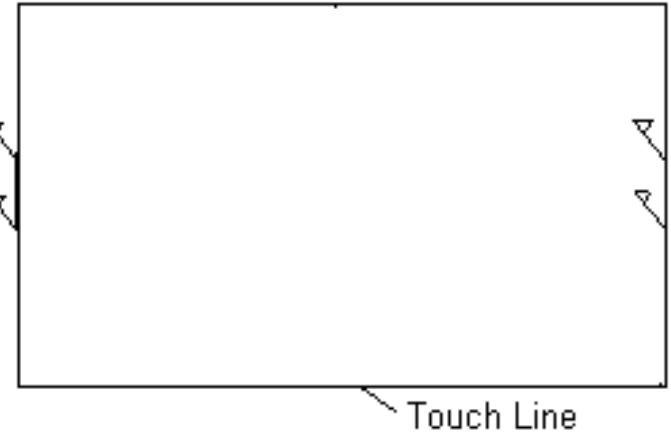
There will be no offsides.

**Law XI - Fouls and Misconduct:**

- A. All fouls shall result in an indirect free kick with the opponents three (3) yards away.
- B. The coach/parent must explain ALL infractions to the offending player.

Maximum 20 yds.  
and Minimum 15 yds.

Maximum 30 yds. and Minimum 20 yds.



**Law XII - Free Kick:**

Conform to FIFA with the following exceptions:

- A. Shall be classified under one heading - INDIRECT.
- B. A goal may not be scored until the ball has been played or touched by a second player of either team.

**Law XIII - Penalty Kick:**

No penalty kicks.

**Law XIV - Throw-in/Kick-in:**

- A. A kick-in is considered as an indirect free kick with the opponent three (3) yards away from the ball.

**Law XV - Goal Kick:**

Conform to FIFA with the following exception:

- A. Opponents must be three (3) yards away from the ball.

**Law XVI – Corner Kick:**

Conform to FIFA with the following exception:

- A. Opponents must be three (3) yards away from the ball.